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3737/45  
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PATENT  
ATTORNEY DOCKET NO. 27969-702

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

|                                     |   |                       |
|-------------------------------------|---|-----------------------|
| Applicants: R. Christopher deCharms | ) | Confirmation No. 7144 |
|                                     | ) |                       |
| Serial No.: 10/066,004              | ) | Art Unit: 3737        |
|                                     | ) |                       |
| Filed: January 30, 2002             | ) | Examiner: SHAW, S.J.  |
|                                     | ) |                       |
| Title: METHODS FOR PHYSIOLOGICAL    | ) |                       |
| MONITORING, TRAINING, EXERCISE AND  | ) |                       |
| REGULATION                          | ) |                       |

**AMENDMENT**

M/S Amendment  
Commissioner for Patents  
P.O. Box 1450  
Alexandria, VA 22313-1450

**Introductory Comments:**

In response to a non-final Office Action dated October 4, 2004, Applicants initiated an interview with Examiner Shaw on October 20, 2004 to discuss the various references in the office action. Applicants express their gratitude to Examiner Shaw for her time and deliberance.

Applicant's wish to amend the above-identified application as follows:

**Amendments to the Claims** are reflected in the listing of claims that begins on page 2 of this paper.

**Remarks/Arguments** begin on page 8 of this paper.